

2009-2010 Resource Guide to Services



It is my pleasure to present to you the 2009 - 2010 Berea Children's Home and Family Service's Resource Guide to Services. Our organization is highly regarded for innovative, comprehensive programming that responds to the needs of the community's most vulnerable children and families. Yet few people realize the true variety of services we offer, nor do they know how to access these services. Now, all our program names and contact information can be found in one convenient place.

Our guide is divided into four main sections, where comprehensive descriptions, current service area and eligibility requirements are provided, along with cross references to services detailed in other sections. Please use this guide as an informational desktop resource when you are looking for mental health and developmental services for individuals in your community. You can also access this guide online at: **www.bchfs.org**.

While this guide details our current service offerings, we are always looking to help other communities in need. If you are interested in a service that is not provided in your area, please contact us at **440-260-8300** about the possibility of expanding our programming to meet your needs. Additionally, should you have any additions or suggestions you feel would make our guide more complete, please contact the Director of Communications at 440-260-8392 or alyssa.evanoff@bchfs.org.

A handwritten signature in black ink that reads "Richard R. Frank". The signature is written in a cursive style with a large, stylized "R" at the beginning.

Richard R. Frank

President and CEO, Berea Children's Home and Family Services

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Don't Know Who To Call?

If you ever have any questions, we encourage you to call one of the three main numbers on this page, where a staff member will work with you to meet your needs.

General Service Inquiries: 440-260-8300

Foster Care Information: 440-260-8319

Family Life Child Care Centers: 440-260-6001

or visit us online at: **www.bchfs.org**

Early Childhood Services

Early Childhood Mental Health

Early Childhood Mental Health offers professional support for children ages 0-5 and their families who need counseling for emotional or behavioral difficulties, stress or developmental adjustment problems. Services include mental health assessments, behavioral assessments, home and community-based counseling, parent support and referral services. Services are provided by masters' level therapists licensed by the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board. Therapists provide services at a variety of sites, allowing them to consult with teachers, coordinators, counselors and other professionals. Home-based services are family focused interventions that address emotional, social and behavioral issues in children.

Eligibility Requirements: Referral from Help Me Grow workers, nurses, physicians, Department of Children and Family Services or other involved professionals.

Current Service Area: Cuyahoga, Lorain and Franklin Counties

Contact: Cuyahoga and Lorain Counties: 216-789-8954;
Franklin County: 614-573-8699;
or ecmh@bchfs.org

Parenting

Our Parenting program is designed to teach effective parenting skills to individuals who have had their children removed from the home because of abuse or neglect. The program follows the research-based Nurturing Parenting curriculum, which supports the growth and development of parents and children as caring people who treat themselves, others and the environment with respect and dignity.

Eligibility Requirements: Referral from Department of Children and Family Services

Current Service Area: Cuyahoga County

Contact: 216-426-8525 x132 or workservices@bchfs.org

MomsFirst

MomsFirst provides home visits and support services to help at-risk women and families have a healthy pregnancy and a healthy baby, helping reduce the infant mortality rate for babies under one year of age.

Eligibility Requirements: At-risk pregnant/parenting teens and young moms with children up to one year of age.

Current Service Area: City of Cleveland

Contact: 440-260-6432 or parentsupport@bchfs.org

Help Me Grow

Help Me Grow enriches the environment, experiences and parent/child interaction of families with children ages 0-3, who are at risk for abuse and neglect or developmental delays. Workers test the child's developmental level every two months, teach parenting skills, link families with needed services and help children get ready to begin school. More intensive case management services are available for families meeting Part C eligibility requirements.

Eligibility Requirements: First time parents living at 200% of the Federal Poverty Guideline with two or more risk factors, who are pregnant or have children under the age of 6 months. Part C eligibility requires diagnosis of a developmental delay or disability.

Current Service Area: Cuyahoga County

Contact: 440-260-6400 or parentsupport@bchfs.org

School-Based Mental Health and Support Services

This innovative program is designed specifically for, and provided in, a school setting and includes individual, group, parent and family services. Assessment, counseling, community psychiatric supportive treatment and case management are all available, as well as pharmacological and psychological services. Masters' level licensed counselors and social workers provide behavioral health interventions on-site, giving them the ability to consult with teachers and other school professionals and improving the child's ability to learn and thrive in the academic setting. Parental and family outreach keeps the family connected to the child's academic environment.

Eligibility Requirements: Referral by school personnel or other professional staff. Counselors are available in select schools and school districts.

Current Service Area: Cuyahoga County

Contact: 440-260-8405 or schoolservices@bchfs.org

Home & Community-Based Support Services: Family Support and Abuse Prevention Services

Community Mental Health

Community Mental Health provides case management and coordination of a broad spectrum of youth and family services that address school, home, work, community and mental health issues. The program works with youth with mental health problems to enhance their level of functioning, to develop coping skills to reduce the need for more restrictive services and to empower them to make good personal choices. Services include: mental health assessments, individual interventions, development of community living skills, strengthening school or vocational functioning, building social support services, family education and consultation, assistance in accessing community resources, coordination of other internal or public agencies/systems with families and assistance and support in crisis situations.

Eligibility Requirements: Requires a mental health assessment with an appropriate mental health diagnosis.

Current Service Area: Cuyahoga, Medina and Lorain Counties

Contact: 440-260-8300 or intake@bchfs.org

Community Counseling Services

Our Community Counseling program provides personalized, professional services to children, adolescents, adults and families. Issues often addressed in counseling include: parent-child conflict, marital or relational discord, anxiety and stress management, depression, grief and loss, oppositional and attention problems, abuse victimization and other mental health concerns. Therapists are masters' level professionals licensed by the Ohio Counselor, Social Worker and Marriage and Family Therapist Board. Counseling services are available in the family home, in an office setting, in a school setting or in other community locations. A variety of counseling modalities or approaches are used, based on the needs of the client and family.

Eligibility Requirements: Open to all individuals.

Current Service Area: Cuyahoga, Lorain and Franklin Counties

Contact: 440-260-8300 or intake@bchfs.org

Home-Based Family Treatment

Our unique Home-Based program is a time-limited, family intervention and empowerment program for families who need intensive child, youth or family treatment. Provided in the family home, licensed mental health professionals focus on critical problems and solutions, helping families to become better able to meet every day responsibilities. This is an effective service for a wide range of problems, including delinquency, parent-teen conflict and behavioral problems in children and it also promotes effective parenting. Services can also help a child re-integrate with their family following an out-of-home placement.

Eligibility Requirements: Referral from Department of Children and Family Services, Juvenile Court, area hospitals and community agencies.

Current Service Area: Cuyahoga, Lorain, Medina and Stark Counties

Contact: Cuyahoga: 440-260-8419; Lorain: 440-865-8652;
Stark: 440-260-8466; or inhome@bchfs.org

Mental Health Assessment

Our Mental Health Assessment includes a four-part diagnostic assessment incorporating a psychosocial history, educational background, work history, client skills and interests, behavioral issues, accommodation needs and personal, social and emotional functioning, which result in a multi-axial diagnosis with recommendations for treatment for individuals with behavioral, social or emotional concerns. We also provide specialty assessments including chemical dependency, sexual risk, firesetting and more. Assessments are performed by masters' level, licensed counselors and social workers and meet all Ohio Department of Mental Health requirements.

Eligibility Requirements: Referral by county agencies or community sources.

Current Service Area: All referring counties in the state of Ohio

Contact: 440-260-8300 or intake@bchfs.org

Psychological Evaluation

Our Psychological Evaluations determine an individual's cognitive, emotional or academic functioning, as well as ADHD, mental retardation or psychotic symptoms. Doctoral or master's level clinicians assess the effects of past trauma on overall functioning and help to determine an individual's mental health diagnosis. We also offer early childhood psychological evaluations that use specialized assessment measures for young children.

Eligibility Requirements: All individuals ages three and up. Medicaid recipients must be eligible for and receive a mental health assessment.

Current Service Area: Cuyahoga, Geauga, Lake, Lorain, Medina and Summit Counties. Assessments are performed in Cuyahoga County.

Contact: 440-260-8300 or intake@bchfs.org

Home & Community-Based Support Services: Juvenile Justice Affiliated Services

Pro-Kids & Families

Pro-Kids and Families is the primary diversion program for the Cuyahoga County Juvenile Court. This service aims to divert youth from official court proceedings by empowering parents and assisting youth with developing improved social skills, such as anger management, problem solving and communication.

Eligibility Requirements: Referral from the Juvenile Court intake officer after an unruly complaint is filed by a parent, school official or police officer. Youth must not have been on probation before or have any current official charges within the Juvenile Court system.

Current Service Area: Cuyahoga County

Contact: 440-260-8417 or prokids@bchfs.org

Community Respite and Mentoring Services

Community Respite and Mentoring are utilized to sustain and strengthen family relationships by giving parents and/or caregivers periods of relief from the stress of raising an emotionally troubled child, as well as supporting parents in the development of parenting and life skills. These services strive to enhance family stability, provide positive role models for children and strengthen the relationship between parents and their children.

Eligibility Requirements: Children ages 6-18, referral from various county service boards.

Current Service Area: Cuyahoga and Franklin Counties

Contact: Cuyahoga: 440-260-8300; Franklin: 614-301-4000;
or intake@bchfs.org

Group Therapy

Anger Management Groups

Our ten week, time limited groups for children ages 9-12 years or 13-18 years are led by doctoral or masters' level clinicians who help youth with anger problems and focus on cognitive behavior solutions to control their anger.

Relapse Prevention Group

An ongoing, biweekly group for children ages 13-18 years, this group is a step-down for youth with sexual behavior problems who have completed a more intensive level of treatment. Doctoral or masters' level clinicians work

with participants to develop relationship skills, support networks and adaptive coping skills.

Eligibility Requirements: Referral from community sources, county workers or the Juvenile Court System.

Current Service Area: Cuyahoga County

Contact: 440-260-8300 or intake@bchfs.org

Home & Community-Based Support Services: Work and Employment Services

W.O.R.K Program

The W.O.R.K. (work, occupation, retention, knowledge) program focuses on developing work, retention and literacy skills, as well as an understanding of the professional world to individuals seeking employment. Program participants have an opportunity to earn certificates in computer literacy for Microsoft Word and Excel, as well as customer service. The program is designed to provide the skills needed for industries with customer service positions in a retail, office or medical facility or industries with clerical positions in an office or medical facility. We proudly partner with the Cleveland Clinic as our primary work site for internships and work experience.

Eligibility Requirements: Referral from the Department of Employment and Family Services.

Current Service Area: Cuyahoga County

Contact: 216-426-8525 x132 or workservices@bchfs.org

Workforce Investment Act Program

The Workforce Investment Act Program provides comprehensive activities with a variety of options for improving educational and skill competencies to help at-risk young adults achieve academic and employment success and to connect them with employers, mentors, training and support services.

Eligibility Requirements: Ages 18-21, living at or below the federal poverty level, lacking basic skills, a school drop-out, a pregnant or parenting teen, a foster child or individuals involved with the justice system.

Current Service Area: Cuyahoga County

Contact: 216-426-8525 x132 or workservices@bchfs.org

Out-of-Home Care: Residential Treatment Campus

Our Residential Treatment Campus offers a variety of programs and services for emotionally disturbed children and adolescents who require intensive supervision in an out-of-home care setting due to serious acting out behaviors. Residential treatment provides a continuum of high quality, state of the art services designed to meet the individual needs of children and adolescents, and helps assist children and their families remediate past problems, strengthen pro-social skills and decrease the likelihood of future out-of-home care. All programs include a full complement of mental health, room and board and educational services. Children in all programs attend Snow School, located right on our residential campus. We accept children from all referring counties in the State of Ohio.

General Eligibility Requirements: IQ above 70; not chemically dependent, violently aggressive or severely delinquent; low to moderate risk of acting out in a sexual manner; possess basic social skills, do not require mechanical restraints, do not have a medical need which requires intensive nursing services. Referrals by county departments serving children and families, Juvenile Court or the County Alcohol, Drug and Mental Health Board.

Current Service Area: All referring counties in the State of Ohio.

Contact: 440-260-8300 or intake@bchfs.org

Residential Treatment Programs:

Crisis Stabilization

Our crisis treatment provides one-to-one supervision for up to 72 hours to stabilize behaviors and prevent hospitalization of children who are often suicidal, uncontrollable or seriously self-injurious. Available for children ages 6–17. Admission is available 24 hours per day, 365 days per year.

Short Term Emergency Placement

Short Term Emergency Placement provides care for children, ages 6-18, when their permanent living situation has been disrupted. Expected length of stay is less than 30 days while their referral source finds a more permanent placement. Admission is available 24 hours per day, 365 days per year.

Secure Treatment

This locked, closely supervised unit is especially for children, ages 12–17, who are acting out in response to an acute personal crisis. Secure Treatment is recommended for children experiencing unpredictable, explosive outbursts, temporary loss of reality or seriously self-endangering behaviors. Typical length of stay is 90 days, depending upon individual needs.

Specialized Holistic Aggressor Recovery Program (SHARP)

This unique program is available for boys, ages 8-16, who have been abused and subsequently act out in a physically or sexually aggressive manner and frequently carry additional psychiatric diagnoses. The program emphasizes a mental health treatment approach to assist children in controlling their behaviors and in protecting others from future victimization. The program offers a unique, 2 phase, step-down treatment which offers an increased safety factor to the community.

Open Residential Treatment

Open Residential Treatment is available for children ages 8-16 with emotional problems, resulting from a range of dysfunctional family dynamics or with a history of behaviors which endanger themselves or others. Provided for children who require the supports and consistency available in a supervised 24-hour per day residential setting. Open Residential Treatment is also effective as a step-down following more restrictive residential treatment.

Day Treatment

Day Treatment is available for children ages 8-16 with behavioral or emotional distress, who are not functioning well in the community, in school or at home. Students attend our on-campus school during the educational portion of the day, followed by psycho-educational groups that focus on identifying emotions, developing anger management, coping/problem solving and relationship building skills.

Therapeutic Group Homes

Located in the community, separate, licensed homes are available for boys and girls ages 12-21 or through high school graduation (whichever comes first), with serious psycho-social problems who are unable to live at home or in a foster home. Group homes are based on the “teaching family principles”, giving clients nurturing, structure and guidance and providing services which address the unique needs of emotionally troubled youth in a community-based setting.

Out-of-Home Care: Foster Care Services

Medically Fragile Foster Care

Medically Fragile Foster Care is a planned, time-limited placement for infants and children with major medical problems, handicaps, developmental disabilities and/or traumatic separation issues beyond those that can be handled in traditional foster family care. Foster caregivers receive extensive training and support and are licensed by the Ohio Department of Job and Family Services as Medically Fragile Foster Homes. Treatment plans are supervised and approved by a registered nurse.

Eligibility Requirements: moderate to severe medical needs because of a developmental disability, a medical condition caused from abuse or neglect or a terminal illness.

Current Service Area: Cuyahoga, Lorain, Medina, Stark and Summit Counties

Contact: 440-260-8319 or fostercare@bchfs.org

Treatment & Therapeutic Foster Care

Treatment & Therapeutic Foster Care is an alternative to residential care for emotionally troubled children ages 4–18, who require more supervision than children in traditional foster care and who need to learn ways to deal with unhealthy behaviors. Foster parents are trained to use parenting techniques designed for children with emotional and behavioral problems. Based on the principle that children are entitled to live in the least restrictive setting, this family living environment can be a nurturing safe haven.

Eligibility Requirements: Children with emotional and behavioral difficulties usually stemming from an abusive or neglectful past. Children may also suffer from anxiety, depression and other physical and psychological illnesses.

Current Service Area: Cuyahoga, Franklin, Lorain, Medina, Stark and Summit Counties

Contact: 440-260-8319 or fostercare@bchfs.org

Child Care and Education

Family Life Child Care Centers

Our five child care centers exceed industry standards in curriculum development, operations and management. Our centers provide opportunities for learning in a trusting atmosphere, allow children to participate in activities both inside and outside their home classroom and provide a large, outdoor play area for large muscle play and activities.

Eligibility Requirements: All children ages 6 weeks - 13 years, although ages and programs will vary by individual center.

Center Locations:

Family Life Child Care Center of Berea

555 W. Bagley Road, Berea, Ohio 44017

Family Life Child Care Center of Brook Park

Located at the Brook Park Recreation Center

17400 Holland Road, Brook Park, Ohio 44142

Family Life Child Care Center of Lakewood

13523 Detroit Avenue, Lakewood, Ohio 44107

Family Life Child Care Center of Maple Heights

Located in Maple Heights United Methodist Church

18900 Libby Road, Maple Heights, Ohio 44137

Family Life Child Care Center of Middleburg Heights

Located in Pleasant Hills United Methodist Church

13200 East Bagley Road, Middleburg Heights, Ohio 44130

Contact: 440-260-6001 or visit www.familylifecenters.org

Family Life Child Care Programs:

Year Round Child Care

Our year round care for infants, toddlers and preschool aged children provides nurturing care and a stimulating learning environment.

Universal Pre-Kindergarten

This comprehensive early care and education program is designed to assure that all children, ages 3-5 years, enrolled receive high quality care that promotes their development and readiness for kindergarten.

Child Care and Education, (continued)

Before and After School Care

Stimulating before and after school programming for children in kindergarten through 5th grade. All day child care is available on school holidays.

Summer Day Camp

Fun filled summer day camp available at select centers for children ages 6-13.

Summer Programs:

Community Respite Summer Day Camp

This unique day program supports children and families during the difficult summer months by involving children with serious behavior problems in all day educational enrichment, skill building, therapeutic and structured group activities. Camp is available for emotionally troubled and developmentally delayed children at east and west side locations.

Eligibility Requirements: Children ages 6-18 with a referral from various county service boards.

Current Service Area: Cuyahoga County

Contact: 440-260-8300 or intake@bchfs.org

Freedom Schools

This unique 5-week summer enrichment program for disadvantaged children teaches literacy, cultural heritage, social action and an appreciation for community. Sponsored by the Children's Defense Fund, the program requires demonstrated parental involvement and seeks to sustain educational activities for disadvantaged youth throughout the summer months. Emancipated and rehabilitated youth work as servant leaders for an inter-generational experience.

Eligibility Requirements: Income eligible families who are lacking a safe summer environment for their children.

Current Service Area: City of Cleveland

Contact: 216-970-4408 or advocacy@bchfs.org

As a faith based organization, all agency clients and staff have access to spirituality services from our Pastor to the Agency. Spirituality services include workplace support, faith direction and grief and loss support. Individuals may also request special services for weddings, funerals and other blessing services. All religious services are designed to meet the needs of individuals in need regardless of faith tradition. Organizations and churches who are interested in learning more may also request speaking engagements. For more information on our spiritual outreach please call 440-260-8254 or e-mail pastoralcare@bchfs.org

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Don't Know Who To Call?

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Berea
Children's Home
& **Family** Services

202 East Bagley Road
Berea, Ohio 44017
440-234-2006
www.bchfs.org